Step-Study Group Format

Start meeting on time

1. Welcome and Opening Prayer
2. Worship (Optional)
3. Introductions After introductions, explain Small Group Expectations (When a new group begins)
4. Read the 8 Recovery Principles/the related Christ-centered 12 Steps
5. Read Group Guidelines

   These guidelines are designed to provide a safe and productive meeting for everyone. Please listen carefully and honor these guidelines throughout the meeting.

1) Keep your sharing focused on your own thoughts and feelings. Please limit your sharing to 3 - 5 minutes.

2) There will be no cross talk, please. Cross talk is when two individuals engage in a dialogue, excluding all others. Each person is free to express their feelings without interruption.

3) We are here to support one another. We will not attempt to "fix" one another.

4) Anonymity and confidentiality are basic requirements. What is shared in the group stays in the group. The only exception is when someone threatens to injure themselves or others.

5) Offensive language (including graphic descriptions) has no place in a Christ-centered recovery group.
Additional Guideline for Jail/Prison

6) No discussion of current or pending charges with program leaders or participants.

6. Read a topic from the *Celebrate Recovery Bible or Life Recovery Bible*
   - Choose from any of the following: Character Studies, Featured Topics or a 30-day devotional.

7. Take turns reading the lesson from the Participant’s Guide and then sharing answers to the questions. End sharing and thank members for their participation.

8. Take turns reading the next week’s lesson from the Leader’s Guide.

9. Announcements (Optional)
   - Celebrate Recovery related/church related

10. Assign group related tasks

11. Encourage Accountability Teams: Accountability Partners and Sponsor

12. Prayer Requests

13. Close in prayer

NOTE: Always ensure the meeting has officially ended before fellowship begins.